



CARDINAL CAFÉ WEEKLY MENU



Nutrition Facts: **Asparagus** is an excellent source of Vitamin K, and a good source of Vitamin A and can be eaten raw, steamed sauteéd, grilled and roasted!

BREAKFAST

Mon. April 29, 2024
Lumberjack & Syrup
Donut or Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Tues. April 30, 2024
Bosco Stick with Marinara
Cinnamon Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Wed. May 1, 2024 (starts @ 8:30)
Cinnamon Roll or Caramel Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Thurs. May 2, 2024
Egg Omelet & Churro Cracker
Donut/Pastry
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Fri. May 3, 2024
Chef's Choice
Cinnamon Roll
Cereal/Granola Bar/Yogurt
Fruit &/Or Juice

Harvest of
the Month
Asparagus

LUNCH

Mon. April 29, 2024
A. **DOG IN A SWEATER**
B. **GRAB'N'GO CHOICES AVAILABLE**
VEGETABLE
ROMAINE SALAD OR BABY CARROTS
SLICED PEACHES

Tues. April 30, 2024
A. **CHICKEN BREAST FILLET ON A BUN**
B. **GRAB'N'GO CHOICES AVAILABLE**
LEAF LETTUCE/TOMATO/ONION/PICKLES/MAYO
BAKED BEANS
FROSTY STRAWBERRY CUP

Wed. May 1, 2024
A. **TATER TOT CASSEROLE**
B. **GRAB'N'GO CHOICES AVAILABLE**
DINNER ROLL + BUTTER
SEASONED GREEN BEANS
9-12 LETTUCE SALAD + FRESH BABY CARROTS
SIDEKICK SLUSHY

Thurs. May 2, 2024
A. **CREAMY HAM ALFREDO**
B. **YOGURT PARFAIT**
CHEDDAR BREAD + BUTTER
BUTTERED PEAS
SLICED PEARS

Fri. May 3, 2024
A. **FIESTADA PIZZA**
B. **GRAB'N'GO CHOICES AVAILABLE**
ASPARAGUS
ROSY APPLESAUCE



Vending Available 24/7

Each Meal Includes Choice of Milk. Water available daily.
This institution is an equal opportunity employer and provider.
Menu is subject to change based on shortages / seasonal availability.